

# **What are Your Responsibilities –**

## **What to do**

**Mohsen Paul Sarfarazi, Ph.D.**

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- On 12/21/2012 you will experience the emergence of the new Earth.
- This is a glorious and most noteworthy moment in the chronicles of the Earth.
- This is the time everyone has been waiting for in the universe.
- It is a turning point in the history of this universe.
- It signifies the initial point in the records of this universe when life and the countless planets, solar systems, even gargantuan-sized galaxies and all their beings will revert from expansion to contraction, as we are told by our space brothers and sisters.
- In this respect, it would be the emerging moment for the transformation of the process of creation in which ALL THERE IS would converge back into the Creator.
- It would be the first point of echo for the Almighty to see a vision of Him (Her) Self and to reflect on the products of his (her) harvest.
- And, all focus is on our Earth and her human inhabitants who are heralding the dawn of this new day.
- What a splendid and celebrated time it is to be alive and to be present on Earth to experience this magical transformation.
- What an honor and privilege it is to be the announcer, the pioneer, and the recipient of this incipient installment of revelation.
- And our space brothers say they are only too aware of this distinction, this prominence, this significant point in the history of this universe.
- They indicate they are awaiting unwearingly in their many thousand gigantic space ships above our Earth's stratosphere in countless millions to be a witness to this magical event.

- They say they are here to help and see the success of this momentous transformation.
- They proclaim they even risk and endure incarnating in the dreaded duality-driven bondage-ridden atmosphere of the Earth negotiating and communicating with our oppressors, who are impossible to deal with.
- Soon, these lightworkers should reveal themselves to us.
- Later, our space brothers and sisters should land their ships on surface of the Earth in physical form to offer their support, and further assist us through our magnificent process of ascension, this is their claim.
- They want us to expect worldwide pronouncements of the arrival of their starships.
- They note that they come in peace and with unconditional love.
- They claim that their arrival is abiding with the decree of our God of 'this Universe' for them to be here, to walk among us, and to help us with our ascension.
- Similarly, our brothers and sisters of the inner Earth Agartha, the remnant decedents of our ancient civilizations of Lemuria, Atlantis, and the many other guests who were visiting them upon invitation, say they will also join us on the surface of the Earth to bear witness to and to continue their support for this transformation.
- As our frequencies of vibration increase we will be able to detect them better and clearer like veils being lifted from our lines of sight one after another.
- We will see Mother Earth undergo more transformation by attempting to cleanse herself and restore herself to the original Eden she once was.
- As a result, there will be more earthquakes, tsunamis, volcanic eruptions, and we will be faced with much more severe weather changes, but these will be transmuted as much as possible as to not damage or disturb our lives.
- Many humans will die amidst these events taking place.
- These are mostly those of lesser consciousness with lower rates of natural vibration frequencies who either do not or cannot ascend at this time as appears in their life contract.

- These souls are among those who initially had contracted to part from Earth, and return to their homes prior to the exasperation that may otherwise be felt during the later process of Earth's transformation.
- There will be rebooting and changes in the debt-based monetary systems, capitalism, and governments throughout the globe.
- In our New Earth the concepts of money, banking and financial systems are meaningless.
- There is so much abundance of everything desired and so much prosperity that money no longer needs to exist to exchange from hand to hand.
- All services can be performed as response to requests, either based upon a bartering principle, or as a matter of unconditional love, the preference of which remains to be seen.
- Once we ascend, there will no longer be a need for existence of formal classrooms and fastidious educational institutions as information about anything and all things or anyone will be readily available through the collective consciousness energy grids to which we all are indigenously connected. Such knowledge, data, or information may be freely downloaded to our hearts via utilization of the energy grid system of the planet which voluntarily resonates with the conforming natural frequencies of ourselves.
- Similarly, same holds true for scientific research as does for the case of education. The endless results of scientific research studies as well as the complete library pertaining to the result of countless explorations of this and other universes are readily accessible through the planetary energy grid which is, in turn, an integral part of the joint conglomerate network of all energy grids existing in all Universes.
- So, in essence, we have the knowledge of the God Him (Her) Self and more.
- It is envisioned that in all events but extremely rare circumstances, pertaining to creation of new universes and their associated phenomena, beings, etc., there is no encountering with such requirement or need to conduct new scientific research or exploration; unless specifically ordained, guided, and directed by our Creator.

- The present educational, scientific, monetary, and banking system no longer serve the needs of the population of the New Earth (Terra Nova), and they are, therefore, not to be missed. In fact, their demise is an essential natural step in the process of cleansing prior to our transformation.
- Likewise, all the present healthcare, legal, law enforcement, military, and defense systems will crumble prior to ascension.
- This is yet another aspect of the cleansing process.
- One needs to be totally impervious to such down falls, as again, these systems no longer support the structure for mankind's new civilization.
- The new health system does not endorse the utilization of drugs, whether chemical or herbal. There will not be any need for surgical procedures. The fresh light bodies of the new inhabitants of Earth are comprised of a precise crystalline structure which is not subject to ageing.
- Our new light bodies are infinitely less prone to contamination of infectious and contagious disease as they are immune to bacteria, virus, etc.
- The entire field of medicine is different than what we have been used to.
- Any required healing is done automatically through application of healing and divine light energies.
- This may be achieved through intent and concentration of thoughts by directing the light energies to areas or points where anomaly, disharmony, unbalance, and de-synchronicity of internal energies exist relevant to other parts of the body.
- Alternatively, there will be the advent of healing centers that only apply light energy and sonic devices for accelerating the healing process. These centers may be more ordinarily used as either as a preventive measure for ailment or more commonly, for psychological and emotional counseling in order to promote and accentuate spirituality.
- Similarly, there will be establishments for communing with one another and for meditative purposes under highly specialized, serene, professional circumstances.
- There will not be any necessity for a legal system as normally there will not be any conflict among humans.

- All mankind will resonate with one another and with all the plants, animals and All THERE IS in his (her) surroundings.
- There will be a genuine Oneness among all.
- All mankind, animals, and vegetables alike communicate through OPEN telepathy and there is nothing hidden from anyone or anything. All is privy to all INTENTS and purposes.
- There are no deceptions, no game-playing, no lies, and no misrepresentations.
- In the very rare event that certain dispute or misunderstanding occurs there are mediators who easily resolve the situation by 'nipping the problem in the bud' as to avoid any future conflict.
- This is expected to clear the confusion, soon restoring unconditional love, compassion, harmony and solidarity among the participants.
- Therefore, there are no needs for police or any law enforcement.
- In fact, there is no requirement for any new laws other than abiding with the well-established laws of universe as to: not interfere with anyone's evolutionary process; honor and respect other's free will; assist when asked; love unconditionally; etc.
- Similarly, there will be no necessity for creation or use of any weapons, any military, or even 'defense' system as there are NEVER any conflicts or war allowed among individuals, communities or nations.
- The crumbling down and abolishment of the financial, scientific, educational, health, legal, law-enforcement, military, and defense agencies or structure should not create any anxieties or fear in mankind as none will be necessary in the near future.
- Another source of fear is religion, which operates through propagation and legitimization of hypocrisy and superstition.
- As the levels of consciousness of the people increase via the wake of incoming light energies, religions will collapse amidst an understanding of the true spirituality based on the Oneness of all.
- Religion also does not serve the needs of the public whose primary goal is to know the 'truth' of the 'larger picture.'

- At this same time there are still those who continue to control us for their own selfish gains and attempt to extend their 3rd dimension dominance.
- They will spread fear of the events of which we spoke:
- Fear of disastrous earth changes.
- Fear of the collapse of monetary and governmental systems.
- Fear of demise of educational and scientific research institutions.
- Fear of departure of legal and law enforcement agencies.
- Fear of downfall of the health system.
- Fear of war and an end to the defense system.
- Fear of religions collapsing.
- Fear of our space brothers and sisters, the walk-ins and the incarnated lightworkers.
- Fear of our brothers and sisters who live within the planet.
- In the midst of all these changes those around you who are not yet awakened will react in fear.
- You may contagiously and empathically fall into fear as well.
- Again, the importance of condemning, ridiculing, and utter circumventing fear cannot be over-emphasized.
- Fear is a futile sensation imposed upon us by our captors in order to diminish our natural frequencies, our rate of vibration, as to maintain us in a stagnating state of consciousness.
- This enables them to deceive, misinform, and condition us to slavery while raping the natural resources of our beloved Mother Earth without any concerns for her or her other inhabitants.
- Unfortunately, all these are precursors for escalation of fear among the Earth's human inhabitants.
- In order to neutralize the possible inflow of fear one must maintain love.
- Love is the agent that washes and dissolves away and disinfects souls from contamination of fear.
- One needs to lovingly observe and calmly bear witness to the cleansing of the Earth and of the structures of the current civilization of Earth.

- These are essential manifestations for completion of the process of overall transformation or ascension.
- Your job, the reason for which you came to this planet at this time and place, is to let your understanding of events shine forth as a beacon of light amidst the chaos.
- Your task is to demonstrate calmness while events take place around you.
- Your job is to stand tall amidst the crowd, demonstrating that you are a wayshower.
- You are the lights of the world among the population on every continent, among every race and nation.
- Now is time for you to continue remaining awake and to awaken others.
- Show others that you, and others like you, will change the world through your intentions, awakened vision, and by living from your heart in Oneness with solidarity to all.
- Honor Earth for all that she gives to you.
- Honor your space brothers and sisters who come to assist you.
- Most importantly honor yourselves and all other Earth humans as your brothers and sisters.
- Regardless of others' action and beliefs, love them unconditionally.
- Love those who are of a like mind as you.
- Particularly, love those who are reacting in fear.
- Show them how to behave during these difficult times of change.
- Be a lightworker.
- Be a wayshower.
- Let your light shine and illuminate those who are still in the dark.
- You now know the truth of these moments.
- Awaken and share the truth with all who need to know.
- Show to all your brothers and sisters on Earth, inside the Earth, above the Earth, and all throughout our Universe that you care, that you appreciate the gravity of these moments, and indeed you are the beacon of light for all to see.
- Show them you that are the page that heralds the transformation of the universe.

- Show them that you are One with the creator and you abide by His (Her) wishes.
- Show them that you have heard the decree of returning back to him.
- Show Him that you are constantly preparing for this journey and eagerly anticipating the moment of take-off.
- The most important thing that you need to do for yourselves is to keep your energies at their highest, your vibrational frequency at optimum.
- Our individual future is determined by our individual frequency of vibration.
- Now is the time to avoid anything that reduces your ability to vibrate at the highest possible level.
- There are several practices, some to do and some to avoid for maintaining your high vibration energy or for increasing your vibration frequencies. These include:
  - Most importantly do not submit to fear.
  - You must avoid fear both now and at the critical point of your transformation.
  - Just as holding a vibrating rod in your hand reduces its vibration, fear has the characteristic of 'dampening' your vibration.
  - 'Entertaining' oneself with a slew of 'horror' movies adds nothing to one's consciousness. These movies are often carefully planned, subsidized by Illuminati-related investors, and are made by Hollywood motion picture companies as to incite fear in the public to reduce the collective natural frequency of the masses. They all culminate with release of light energies by each individual watching them. These energies, in turn, are subject to parasitic consumption by those individuals who are no longer privileged to receive such divine energies, and therefore, must resort to scrounging and scavenging from others.
- The categories of movies you watch are often classified premeditatedly.
- The more thoughtful and serious movies are often about royalty or rich and the privileged. These movies almost certainly win Oscars or some other award every year. These movies are often highly glorified narration of an elite class and are carefully directed to hype the image of those who commonly suppress and dominate us. They are reminders of our dramatized or made-belief



inferiority in order to exalt or revere a pretentious race of beings masqueraded before all to see. The scripts are loosely based upon past events. They are not documentary accounts of historical facts. They are dream-like fantasies to subdue and subliminally condition us to believe in such fictitious concepts impulsively. One should view these with 'a grain of salt,' and entertain oneself with the made-up, innovative, and fictional aspect of an amusement piece that they are. Therefore, do not let these carefully arranged products diminish your sense of integrity and self-worth. You are much more magnificent than the plot attempts to portray.

- On the other hand, the comedy movies are always about us, the 'common' man. Again, do not let these sources of 'entertainment' infer any judgment as to who you are, even when intended to operate below the threshold of consciousness. Set out your 'INTENT' to amuse yourself with an artifact of 'comic relief,' and nothing further.
- Do not give movies any credence. Do not INTEND to absorb anything from them; unless a rare account of accurate historical piece; or a piece of artistic work with loving, compassionate, ethical plot line that would entice and motivate you to be the same, do the same, and live your life as the same.
- Second most significant factor for damping your vibrational energy is anger.
- Avoid anger at all costs. Walk away from conflict and agitation whenever you find yourself amidst of its occurring. Try to avoid getting involved in any negative discussion or argument. Remember, it takes at least two to have an encounter. If you choose to dodge conflict no one can cause to draw or extract your precious energies.
- Another most important thing is to dismiss your ego progressively more and more and eventually 'kill' it completely just prior to your ascension and your 'light body' transformation.
- Get full control of your ego now. Do not submit to him. Never include him in your desires or decisions.
- Stop caring about money all together.
- Greed, accumulating things, and materialism are futile, particularly at this stage that the entire universe is undergoing transformation.

- Do not submit to any task, any impulse, or anything that subjects you to lower and dark energies such as greed, jealousy, or basically the '7 plus sins' that your heart and conscience would object to.
- These generally fall under the notion that 'do not do on to others as you would not have them to do to you.'
- Go within as much as possible.
- Listen to your heart.
- See all in Oneness.
- Think with your heart and not your mind.
- Love, respect, and show your appreciation for God as much and as often you can.
- Pray and meditate, and 'reflect in silence' as much as you can.
- Walk in nature as often as possible.
- Stay in the sun and try to absorb and anchor as much sun energy as you can.
- Stay out as much as you can. Absorb the divine energies and high frequencies that our space brothers and sisters and the rest of Cosmos are sending to us now.
- Focus on keeping your health at prime level.
- Exercise, sleep, and eat for the maximum benefit of your body.
- Take long hot showers often. Let the warm water run all over your body. This has a soothing, relaxing effect on your nervous system.
- Whenever, possible visit health spa and swim in the warm therapeutic waters of their specialized pools.
- Spend some times in the sauna and particularly hot steam rooms.
- Relax in the warm waters of their hot tubs.
- Detoxify your body as often as possible through planned beneficial perspiration.
- Use other cleansing and purifying agents regularly.
- Clear your colon, liver, and kidney through frequent use of appropriate wash-down and rinsing agents.
- Visit bathrooms and clear your body from useless waste more often.

- Train yourself to impulsively signal the need for such use of toilets more often and shortly upon eating and drinking.
- Do not let harmful wastes get accumulated and stored within your body.
- Do not eat meat, particularly red flesh. It is true that your physical body needs a tremendous amount of protein at this time to facilitate the hormone flow and establishing communication among your vital physical organs and components; however, plants and other sources also provide proteins for your consumption in great quantities.
- Drink plenty of pure water every day.
- Do not eat 'junk food' as they do not add anything to your health and longevity of your body.
- Avoid consuming too much sweet or candies as excessive glucose has an impeding effect on consciousness.
- Do not consume wine, spirit, or any alcoholic drinks or foods.
- Do not use mind-altering drugs, herbal or chemical.
- Practice love.
- Love yourself first, then family, friends, neighbors and others.
- Love unconditionally; expect nothing in return.
- Have compassion for others.
- Let love flow from your every action.
- Help other people as much as you can.
- Do not attempt to preserve this 'awakening' for yourself alone.
- Be compassionate and give assistance to those of a lower vibration, who need you terribly NOW!
- Spread the light among all who are open to it.
- Place your flame of awakening on a tall candleholder for all to see.
- Help others to see the 'larger picture. '
- Expect many to come to you for answers.
- Be patient with them.
- It is by remaining calm and by radiating your love that you will transmute their fears.

- Help others understand that the Earth changes and the eventual collapse of the 3rd dimension has proclaimed the creation of the new Earth and a brilliant new day for Earth humans.
- It is your knowledge, your mannerism, the way you present yourself as an unconditionally loving, compassionate person, anchored in Oneness that establishes you as an example to follow in the heart of others.
- It is by being such beacon of light that you will help joining of millions to transform Earth's humanity, and in turn, shifting of the entire universe to its INTENDED and ORDAINED purpose of CONTRACTION.
- Practice these daily; as you walk among those who are fearful, and who are of lower frequencies.
- Practice these so that others see how you are oblivious to the fears of 3rd dimensional surroundings, that you are different, you do not easily anger, you do not care about money and about 'having' and accumulating, you love unconditionally, you are compassionate, you are helpful to others, you are always positive and hopeful of a great future approaching.
- Practice it so that others will become curious and want to inquire from you how you do all that!
- You are the hope of this world.
- Be happy that you are leading your planet to the light.
- Finally, demonstrate your understanding of events based on a higher-dimension view of reality and not of the 3D Earth.
- Do not reflect on the 3D Earth any longer.
- The 3D Earth no longer exists. It is a thing of the past only to be found in the archives of universe now. We now have a transiting 3<sup>rd</sup> Earth going to 5<sup>th</sup>.
- You are already traversing the fourth and soon will enter the 5<sup>th</sup> dimension.
- Tune your vibration high so you can resonate with your surroundings.
- Start looking at the cosmos with a fresh prospective; that worthy of a higher dimensional being.
- Reflect on what you read here. These are the reality of our present, past, and future.
- The notion of time as we once knew is disappearing.

- Now there is only a perpetual present. Tomorrow is also in the present; past is also a reflection of now.
- Plan on what you want to do in the future.
- If you do not want to be a part of this ascension process, you will soon depart Earth and this locality.
- This was a part of your contract which will be fulfilled to your heart's content.
- It is not an omen or bad fortune. You asked for it, you planned for it prior to your current incarnation on Earth
- It was perhaps because you wanted to indulge yourself with the diversity that Earth offers, like no other planet in the universe.
- Perhaps you wanted to get a taste of duality or even bondage to live and learn from what Earth can provide you with.
- Whatever the reason, the moment of departure is nearing.
- Do not fret. Do not fear.
- That moment is almost here, and you will soon be going HOME.
- You may return to another 3D paradigm of existence.
- Alternatively, you may resurrect back to a 5<sup>th</sup> or higher plane of reality, just as you existed before.
- All is well, just as was planned by you.
- No one can interfere with your free will.
- So, again, there is nothing to be afraid of.
- Once, again fear is futile!
- On the contrary, if you incarnated here to ascend to a higher plane of reality, you will just do that.
- This, however, requires a little maintenance, a bit of preparation.
- Your frequency when you incarnated to Earth might have been deliberately lowered so you can resonate and be coherent with other beings on Earth.
- This frequency might have even been diminished ever since, the time of your incarnation, due to your exposure to duality and bondage.
- It all depends on your experience on Earth, on the manner you conserved your light energy and preserved your natural frequency of vibration.

- The extent to which you need to prepare yourself for ascension strongly depends on your current reservoir of light energy within your soul and the frequency at which you resonate NOW.
- Do not be alarmed. It is not too late. There are tremendous amount of light energy on Earth currently and still it keeps outpouring more and more on us.
- The crux of the equation is to be awakened now, and to understand the various fundamental terms involved in the expressions governing the state of 'truth' in the Cosmos, coupled with comprehension of the requirement of the 'conditions' implicated in order to achieve equilibrium and effect successful resolution in the process of transformation.
- Once again, all is well. You are being tremendously helped beyond any measure of expectation.
- The lucky point in the entire scenario is that you are not alone.
- Furthermore, those who are assisting you have a particular kinship with the project at hand which compels them to maximize their efforts in order to achieve your triumphant ascension.
- Additionally, these beings have also been directed by their elders as well as ordained by our divine Father to see that the transformation of Earth and her inhabitants is rendered successful.
- Moreover, the ascension of Earth and us has a far more reaching implication – on our entire universe, and even other universes beyond.
- Namely, ALL eagerly forestall the inauguration of the contraction of this universe towards her Creator.
- Thus ALL are avidly involved in this process as our ascension has significant consequences upon them and their reality in the future.
- Therefore, for those who have deliberated on hitching an easy ride to ascension, without traversing its prolonged, challenging, intricate, yet awkward process, one must say “their ship is at bay.”
- Finally, if you are among those superlative 'old souls' originating from the collective of 'oversouls' during the early days of creation of this universe, none is appropriate to be annunciated as YOU are the epitome of super-consciousness to be exalted, and segued without further elaboration.