# **Recapitulation II:**

# **Journey to Spiritual Mastery**

## <u>Mohsen Paul Sarfarazi, Ph.D.</u> <u>August 15, 2012</u>

### Wake-Up Call

- Humanity is, indeed, suffering from an acute sense of amnesia.
- We have been conditioned and embedded so deeply in duality for the past 13 millennia that we have totally forgotten who we really are, and indeed, what we are doing on Earth.
- The problem has, of course, been exasperated by the added condition of being suppressed under the chain of bondage that we no longer fathom what a miraculous Being we are, both physically and ethereally.
- We are so mesmerized by the addiction to effervescence, materialism, and physical appearance that we no longer even appreciate our own true aspect of physicality, and instead, we are hypnotized and haunted by the 'need' to look 'perfect' or at least better than the next person on the block, in the work place, and especially within our social circle.
- Thus, the advent of plastic surgery.
- It is better to desecrate and cut the flesh, the temple of our soul, and bleed and suffer in agony than to endure seeing someone look 'better,' slimmer, or more voluptuous than us.
- The breasts are getting bigger and bigger every day, and there does not seem to be any restraint or design guidelines as to what is sensual or beautiful, and indeed, appropriate any longer.
- It is even now beginning to look 'gross' in the eyes of the male population, the presumed 'beholder,' 'interested,' 'lustful,' or the 'attention provider.'

- The common perception to the women who are enthralled by the size, and who thrive to undergo the surgical blade is that 'the more, the merrier.'
- It seems that fascination by quantity and consumption has also outreached itself, infiltrating even the realm of our own 'matter' or physicality.
- At the same time, the dark energy and disease of over-zealously, competition, and utter jealousy has further awakened the toddler 'inner child' of ego in us and contaminated our conscious mind into thinking and 'rationalizing' that we do not appreciate nor agree with our own divine creation regarding our physical appearance.
- We have totally forgotten that the body that we reside within was completely designed and approved by our very own Higher Self prior to our reincarnation, without any interjections from any other WHATSOEVER.
- We need to WAKE UP and appreciate once more that our CONSCIOUS MIND or RATIONALITY has been carefully, skillfully, and deceitfully designed and programmed by our suppressors and slave-drivers as to suit their very own agenda: keeping us unaware, misguide us through feeding of misinformation, purposefully, subliminally, or openly as it would adhere to our long-steered traditional 'understandings.'
- No wonder we are referred to as 'sheep' or 'goat' in the circle of our oppressors and jail-keepers.

#### Setting one's Intention on the Path of Divine 'Truth'

 As we notice that '<u>ALL is not well</u>,' we need to focus our 'attention' to which we are awakened, and set out our 'intent' to explore other realities to which we are not bound and enslaved by; a fresh paradigm which is of higher 'consciousness;' a new reality that has fresh postulates to be adopted; a new form of thinking and belief system which honors our sovereign right of 'free will' as it is bestowed upon us by our Prime Creator; one that does not violate the prime directive of 'non-interference' regarding our 'forward' evolution.

- Once we are aware of such a possibility for an alternate reality to what we have been made to believe, we realize, as we have pondered many other times before, that "there must be more to life than this!"
- At this point, we begin to recognize that we may not be what we were made to believe; and indeed, we may be much more than this physical Being of coming to 'life,' have a few laughs and sorrows, and then just simply depart from it.
- We certainly appreciate that 'the divine plan' cannot simply be orchestrated on the principle of 'survivability,' 'the survival of the fittest,' as we are made to believe.
- Certainly God is Omnipotent; God is benevolent; and God is charitable and most generous.
- Therefore, HE/SHE would not create us to just suffer and to strive for survival as there is more than enough to go around and ALL can live in prosperity and tranquility, instead of looking forward and going from paycheck to paycheck, suffering and enslaving in a system that is never-ending and futile.
- Why would we have to suffer and constantly live in FEAR and dread of survival?
- Is the virtue of pain and suffering simply to appreciate HIS/HER glory so we can worship HIM/HER more?
- Certainly NOT! For HE/SHE is benevolent and not an oppressor.
- Also HIS/HER Omnipotence testifies to any lack of needs to be worshiped, obeyed, and FEARED.
- Again, our ordained right of sovereignty of 'Free Will' and the 'principle of Non-interference,' affirm this.
- Furthermore, God is just and God is without any prejudice!
- Therefore, the Darwinian theory of 'Survival of the Fittest' cannot apply to humanity as we are ALL made in HIS/HER own image, and we are ALL HIS/HER children.
- This assumption of 'survivability' is further gravely flawed by the very essence of consciousness which makes mankind superior to other forms of life; namely, humanity is blessed with the gene of COMPASSION and LOVE.

- We do not simply 'mate' and procreate based upon physical fitness.
- The fitness comes from WITHIN; from your HEART; from your 'seat of Soul' that is your Pineal.
- These give you compassion and multi-dimensionality, both evidences of Higher Consciousness that makes us distinct from lower forms of life within the realm of physicality.
- Once attention, the incipient awareness, gives rise to curiosity, the intent to want to know who really you are and what could constitute an alternate reality, you need to allow or accept certain new postulates which may be entirely different and contradictory to your traditional blind acceptance of reality or the divine 'truth.'

### Allowance of a Fresh Reality, Divine Truth, or a New Paradigm of Life

- As we now embark on the journey of self-discovery, it is crucial that we prepare ourselves to accept new advances in thought projection which will stem from a much higher status of consciousness.
- By adopting such proposals and hypothesis we soon come to the conclusion that all that we have been told were either erroneous, deliberate misinformation, or at best quite limiting, incomplete, or rudimentary at best.
- We further find that there has been a conspiracy as to purposefully censor certain information that would lead to quest for more data and understanding of the 'truth' by the same individuals who apparently carefully monitor and exclude facts from public knowledge that would not serve their deceitful agenda for slavery and control.
- The truth of the matter is that these individuals not only 'own' major governments of the world, they also own and closely control the media for dissemination of news such CNN, FOX News, etc., etc.
- They are the same, most powerful individuals in the world that own and control approximately 97% of world's assets who have been in the seat of power for the past 13 millennia, generation after generation.

- Although not a postulate, and a precise statement of truth, adoption of this fact is of paramount importance, much the same as accepting 'you might be better than you think' or 'there is more to life' than you know.
- It turns out that almost every bit of information that is of significant importance that also leads to a more and more 'open' understanding of further 'truth' is ridiculed and made to perceived as fantasy or illogical so it is shunned from public knowledge.
- Of course, owning and controlling the media does the 'trick,' and helps the dark agendas of our oppressors.
- Those who have shown persistence in bringing the truth to the public have been traditionally severely threatened, and when that failed, have been utterly and ruthlessly eliminated by assassination.
- Again, controlling the military, the police, and the entire legal system has had its advantages and has served their dark purposes for the Cabal [alternatively known as the Illuminati].
- One of the most noteworthy facts is the existence of 'aliens' and their constant visitation of Earth.
- This has been the subject of utmost mockery for the past 6 decades ever since the malevolent and notorious race of 'Greys' from Zeta Riticuli first made a treaty with President Eisenhower and started to abduct our innocent citizens for genetic research and hybridization beginning in 1954.
- The attempt was somewhat successful initially as the general consensus was that 'We are Alone!'; but thanks to the efforts of the dedicated people in the field, the subject has gained credibility to a point that nowadays the majority of the public believe in the existence of the Greys and aliens, and a substantial portion of the public now believe the fact behind alien abductions and hybridization.
- Another momentous discovery throughout the past decades by explorers, archeologists, anthropologists, and other researchers and scientists have been the evidence of presence of 'aliens' on our planet for eons and eons of our linear 'time.'

- These are, of course, mostly of benevolent nature with the exceptions of Anunnaki, Draconian, and other Anchara Clan.
- The list of benevolent 'aliens' includes Pleiadians, Sirians, Arcturians, Andromedans, etc., who turn out, they are not 'aliens' at all.
- The former two are actually our human ancestors who have had constant presence on Earth starting with the timeline of LeMurians and later, Atlanteans; although may be in a Parallel Omni Earth, and in the 4<sup>th</sup>, 5<sup>th</sup> dimensions, or above.
- These people are actually our own ancestors and they are no aliens to Earth any more than we are.
- They have always served as guardians of Earth preserving our important and precious energetic resources, such as crystals, leylines, etc.
- The evidence of ancient 'aliens' are everywhere on the planet Earth, and more recently this has been realized more fully by our researchers who seem to be able to present their findings more freely in the present decade.
- There is now a program entitled 'Ancient Aliens' on H2, History, National Geographic, Science, and other educational TV channels.
- And, more programs are cropping up on educational TV stations regarding related issues.
- Some are still controlled, censored, or still operate under the 'fear factor' as they present conflicting statements; yet there is a resounding improvement in the programs overall than the state of educational TV from decades ago.

#### Finding Harmony and Synchronicity with Others of Higher Consciousness

- The reader is encouraged to seek out and try to comprehend and fully
  resonate with the ideology or truth of the following statements as to begin
  achieve synchronicity in the subjects area with those souls of higher
  vibrational frequencies and light quotients, who belong to the same
  collective consciousness fit, to reside within the same paradigm of reality:
- There is no such thing as past or future.
- We all live simultaneously in the NOW moment.
- We all originate from the 'innerspace' of consciousness.

- The Time-Space continuum, as we conceive, is a convenience of 3D paradigm of reality.
- Time and space are actually different aspects of the same thing, and are actually inter-related.
- One is the congealed form, and the inverse of the other.
- TheTime-Space Continuum is essentially a program server in much the same way as a computer program server supplies a closed form network.
- We all, in fact, live in a 'hologram matrix.'
- In essence, 3D life is an 'illusion.'
- We are all students of life attending the Linear Duality University of Earth.
- The concept of time is a delusion specific to the realm of duality.
- Linear perception of time is just that, precisely a mere 'perception' in physicality.
- We all live multiple lifetimes <u>simultaneously</u>.
- We are all, in kind, possess the kernel of multi-dimensionality.
- Your present identity, the one that you know of yourself, is but a fragment of your totality.
- Your Higherself, your conscience, or your subconscious state of mind is the real YOU.
- Your brain is insignificant; your heart is the major thinking organ within your body.
- You must think with your heart, the most sophisticated neurological organ within your body not with your brain in order to clearly discern reality.
- Your intuitions provide straight, unambiguous facts or solutions regarding your reality.
- Your 'rational' conscious thinking has its roots in duality and undisputedly provides contrasting and opposing scenarios within a context of synthetic exemplar for you.
- You are a conscious Creator as God is HIMSELF/HERSELF; only you are a small part and <u>not</u> nearly as Omnipotent as HE/SHE is.
- You co-create every detail of your actuality subject to the choices provided to you through your program-server within your reality.

- You live in or are capable to access but one layer of the Omni Earth within a parallel set of Universes.
- There are Time Gate Vectors, Powernodes, Hyperdimensional tunnels, sacred pyramidal geometric sites, etc. that, in reality, time-continuum anomalies can occur that you can enter other parallel dimensions physically.
- Appropriate vibrational frequencies or light quotients are required to do so.
- Alternatively, you can search within and access the same ethereally.
- Impeccability, resolute intent and firm belief, undivided passion, and benevolent resolve are required to acquire multi-dimensionality.
- To be impeccable is to be totally free of fear and doubt and any other lowchakra dark energies such as anger, greed, violence, prejudice, competition, jealousy, to name a few.
- You must be able to completely part with the conflicting tenacities of duality while keeping a firm anchor in your 3D presence on Mother Earth.
- To live consciously as well as sub-consciously in multi-dimensions consistently, you must first achieve Mastery in Spirituality.
- And Mastery necessitates INTEGRATION of various kinds.
- First of all, you must have assimilated Polarity Integration of Dark and Light energies within you, which has been the crux of the duality experimentation in the University of Earth.
- You must have achieved Polarity Integration of Unconditional Love [or Compassion] and Power, being equally at home with delicate, benevolent resolve of Compassion and decisive, resolute aspect of Power and leadership.
- You must have espoused the Polarity Integration of your both sexes, the Feminine and the Masculine to be complete and without need to resort to polarity of one or the other; you must feel androgynous, yet be privy to practice one or other with full discipline and comfort.
- You must have embraced the Polarity Integration of your right and left side of your brain; the logical and the artistic; the soft and the hard; the feminine and the masculine energies of life.

- You must have accomplished the full suppression and control of your egopersonality, without allowing the slightest possibility of interjection of your innerchild in conceiving, planning, or execution of any aspects of your decision making in life; in essence, you must annihilate your ego within.
- However, its presence is still required while you struggle in duality which is inundated with external mistreatment and exploitations; in other words, you must still be able to protect yourself, and ego is your alarm clock, your warning in this respect, to prepare you to instigate defense against abuse.
- You must achieve full sovereignty by being able and comfortable to live in utter Solitude without any need to be with others.
- Marriage and procreation is mostly a 3D gravitation and not requisite for Higher Living.
- In fact, Solitude is best maintained in 3D reality every once a while after a few reincarnations.
- As you free anchor from 3D and establish tether or roots in 5D or higher dimensions your ego must completely expire or die within you.
- Ego is no longer required in duality-free higher dimensions.
- Instead, what is requisite is application of the Science of full Unconditional Love or Compassion, to be able to conform to a benevolent, good for the ALL, Collective Consciousness, within a realm of Sovereignty as indoctrinated with full Individualism.

#### <u>Finale</u>

- The list is never-ending but discernment is required.
- This will be the status quo, as one moves up in stages of consciousness.
- For now, remember you are Divine, a chip of the old block, the Mighty God Father/Mother.
- You are the Creator and form your reality.
- No one else is responsible for your 'Life.'
- Start the awakening process by dispensing with 'victim consciousness.'
- Belief in what you are, which is not this meager physical existence.
- In fact, physicality only constitutes less than 4% of the Omniverse.

- Most being of Higher Consciousness Stature, including some of the Higher 'Aspects' and 'Expressions' of Your Self do not even know about 'physicality.'
- They live in antimatter, as our souls do, the Angelics and other higher Beings do.
- Love Thyself as you begin to discover what a remarkable Entity you are; not just the physical body you are so mesmerized and consumed with.
- It is the Divinity of Your Soul.
- Even Your physical body, the casing, the Temple of Your Soul is unique and the crown jewel of Species endowed with the utmost art of genetic design.
- For one you have 12 strands of DNA and 6 strands of RNA; and you are not merely confined to a 'Double Helix.'
- Most importantly your Emotional Body encompasses the broadest, the widest range of all emotional frequencies, being bestowed with the 'Gene of Compassion,' the Highest Frequency within the spectrum.
- It is time for YOU to WAKE UP, and smell the flowers.
- You are, indeed, the pride and joy of the Parent Creator, and YOU shall inherit the Universe!
- Start by appreciating Your Self; but also LOVE, RESPECT, and appreciate ALL other life forms, be it 'inanimate' or 'Alive' in your vernacular!
- They are part of the <u>SAME</u> Consciousness as US, which we call God!