The Middle Astral Plane

- The Middle Astral Plane is generally a tranquil, serene environment, which belongs to the Faeries, Elementals, Devic Kingdom, and such.
- The word “generally” was used here to emphasize the fact that not all of the territory of the Middle Astral Plane is, strictly speaking, benevolent or totally void of mischief.
- Part of it being in the “vicinity” of the Lower Astral Plane is tainted with certain traits indigenous to leprechauns who are known to play some ‘tricks’ on the visiting humans, either passing through or having sojourns in their domain.
- However, most of these are devoid of real harm, and to certain extent resonate with some humans that have traditionally had such sense of humor in the lower planes of the third dimension.
- However, by far, the most majority of the residents of the Middle Astral Plane are interesting, kind, and benevolent, and highly helpful and dedicated to assist and support their human brothers and sisters on the lower planes of the third dimension.
- Although, the Middle Astral Plane is primarily a realm of consciousness and non-physical, and most aboriginals of this plane can shape-shift to any suitable form they desire, they are known to be partial or homegrown to one form or another as described below:
Elementals

• Embedded in our earth vessel are all the components of the planet, as well as all the components of OUR Oversoul members who chose to be first, second and fourth dimensional Beings.

• Our first and second dimensional Selfs live in unity with the planet, as these elements of our body, and Gaia’s, are not ‘evolved’ enough to understand the separation of the third dimension.

• It is from their unity that they commune in Oneness with the fourth dimensional creatures, the Elementals of Earth, Air, Fire, and Water.

• Just as some of our Oversoul chose to be First and Second Dimensional Beings, some chose to be Fourth Dimensional Entities.

• Unlike the First and Second Dimensional Beings, the Fourth Dimensional Entities have some sense of individuality, but they also have a strong Unity Consciousness, which keeps them in constant communication with each other, as well as with all the lower dimensional Beings.

• The Fourth Dimensional Beings that most directly interface with our everyday life are the Elementals.

• The first and second dimensional ‘elements’ of earth, air, fire, and water are given “life” by the spirit/prana of the fourth dimensional Elementals.

• The Elementals share their life-giving Spirit Essence with these elements, just as our Soul shares its Spirit Essence with our third dimensional earth vessel.

• The human expression of the Oversoul has Elementals within the physical body, just as the planetary body does.

• We are the microcosm of Gaia.

• In our carbon-based matter, ‘earth element,’ we have the Earth Elementals, the Gnomes.

• In our bodily fluid, ‘water element,’ we have the Water Elementals, the Undines.

• In the ‘space’ and oxygen within our body, our ‘air element,’ we have the Air Elementals, the Sylphs.

• Finally, in our neural activity and Kundalini force, ‘fire element,’ we have the Fire Elementals, the Salamanders.
Since Elementals are fourth dimensional Beings, they do not abide by the rules of third dimensional separation.

Every experience that any Elemental has is instantly shared with all the Elementals.

In fact, all four groups of Elementals, inside and outside our Earth vessel, work in concert with each other.

Within the INNER reality of our “personal” Earth vessel, our thoughts and emotions stimulate all the Elementals, who in turn, stimulate all the Elementals in our OUTER reality.

In this manner, the Elementals within our physical body and aura live in constant unity with the Elementals in the planetary body and atmosphere.

Although the elementals are members of the Fourth Dimension, they appear to change with light.

This is rather analogous to the life existing deep within our oceans.

Namely, as the light is increased, it curtails less and less matter, which is known to decrease the degree of light, or increasing darkness by a way of more condensed matter.

The elemental beings join together to create all form in the third and fourth dimension.

Elementals serve through each of the elements to hold the pattern for every manifestation. For example:

- Oxygen, wind, atmosphere, etc. are formed from the element of AIR.
- Rain, rivers, lakes, etc. are formed from the element of WATER.
- Flowers, trees, rocks, etc. are formed from the element of EARTH.

The Earth Elementals

Our thoughts are actually a cooperative event between our Earth Elementals that work with the matter of the neurotransmitters, enzymes and other chemicals to create the change in polarity that initiates the electrical signal, and the Fire Elementals that ‘fire’ the neuron.

Hence, our thoughts also have a great influence on the Earth Elementals of our internal and external world.
When our thoughts are chaotic, obsessive and/or confused, our Earth Elementals find it difficult to stabilize themselves.

This ‘personal’ instability then influences the Planetary Earth Elementals to perpetuate geological instability.

As we walk our planetary body, Earth, our every step influences the Earth Elementals of the planetary body.

The planetary Earth Elementals hold the message that our step has sent and relay it on to the next person or animal that walks in our footsteps.

Have you ever wondered why it is so glorious to walk in the wilderness, on a deserted beach or in virgin snow?

It is because it is psychically ‘quiet,’ and our Elementals are not resonating to others.

Hence, it is easier for them to resonate to our Self.

This experience is also the origin of the saying, “Walk in the footsteps of the Masters.”

The “Masters” are Beings, human and non-human, who have gained a mastery over their thoughts and feelings, and, hence, a mastery of their inner elements and Elementals.

These Masters consciously work with their personal and planetary Elementals, as well as the inner elements of others to convey the deep, inner peace of living in Constant Communication with our Multidimensional Self.

The Gnomes

The Gnomes serve as the earth elementals.

Elves and brownies are also earth elementals.

Gnomes are said to live in caves under the earth and give their service there.

They work largely with the mineral kingdom, whereas brownies and elves serve from the surface to assist the animal kingdom and humanity.

It is the earth element that gives our physical bodies substance.

If we can learn to truly respect the earth element of our physical forms, then we will learn to respect the earth element of our planet.

The elementals work together to create a harmonious environment.
Only humans who can focus on love can visit them there.
Hence, they do not have to out-picture their emotions in the form of storms and natural disasters as we do on earth.

The Air Elementals
The Air Elementals assist the flow of life-giving oxygen, which gives our consciousness.
The first thing that happens when we suffer from oxygen deprivation is that our thinking becomes increasingly confused until we become ‘unconscious.’
Hence, an adequate flow of oxygen throughout our system is vital for clear thinking.
This is why the element of air is also associated with our thoughts.
We are all aware of how Earth’s weather is changing.
This is because we, our planet, are now largely fourth dimensional.
Therefore, reality is more mutable and more easily influenced by the thoughts and feelings of Earth’s inhabitants.
As each of us, Earth-Keepers of the Land, gain mastery of our own inner elements, our inner Elementals will assist us in holding that resonance of mastery.
The Elementals also serve to contribute that ‘resonance of mastery’ to the inner Elementals of others and to the Elementals of the planet.
In this manner, the Elementals serve to raise the vibration of ‘their person,’ while they also raise the vibration of the planet and all Her inhabitants.
The mastery we gain over the physical elements of our earth vessel allows us to move into an active partnership with our inner Elementals, as well as the Elementals of our planet.
We have the innate power to call upon our inner Elementals to assist us with our personal health and transformation, as well as the health and transformation of our planet.
We are, indeed, truly powerful Beings!
**The Sylphs**

- The Sylphs are the air elementals.
- The Sylphs live in our aura and constantly contribute to the aura of Gaia, the atmosphere, and the quality of the planet’s air and sky.
- The Sylphs are beautiful, wispy creatures who fly through the air.
- The Sylphs are also known as faeries.
- The air element is very important for the maintenance of life on the physical plane.
- By the conscious control of our breath, we can assist these elementals in harmonizing our bodies and purifying our surroundings.
- The Air Elementals, the Sylphs, assist us in breathing.
- The Sylphs also blend our thoughts with the thoughts of others through the Unity Consciousness that all Elementals share.
- With every inhalation, we are receiving the thoughts of others, and with every exhalation, we are distributing our thoughts throughout our world via our Air Elementals.
- Our thoughts then feed into the Collective Consciousness and the Planetary Consciousness to influence our daily experiences, as well as the experiences of others.
- Let us take a moment to differentiate Collective and Planetary Consciousness.
  - Collective Consciousness is the combined consciousness of all humans, whereas Planetary Consciousness is the combined consciousness of ALL Earth’s inhabitants in ALL dimensions.
  - Hence, Planetary Consciousness is more expansive than human Collective Consciousness.
- When we have “cloudy thoughts,” we relay that message to the atmosphere.
- On the other hand, when we have “clear thinking,” we contribute to a clear day.
- Wind can clear the air or be tainted by pollutions, depending on the activities of the resident humans.
• Humanity was meant to be the Guardian of the Earth, but instead, many of us have become the Destroyers.
• Although the Sylphs may look like only one Being to us, they are all joined in consciousness and do not perceive themselves as being individuals as we humans do.
• Their essence rules the air element of our third dimensional world and body.
• The fourth dimensional beings continually change their forms.
• They waver in the wind like feathers.
• They serve our world by clearing our air and atmosphere.
• They only follow their assignment which is to assist humanity.
• Recently, they have been very busy cleansing and neutralizing our atmosphere from the harmful chemical sprayed upon us under the direction of Dark Cabal by way of Chemtrails.
• These chemicals eventually destroy our immune system and have a way of severely rendering our Pineal Gland and other Divine Organs responsible for multidimensionality and higher consciousness damaged and inoperable.
• They also ruthlessly degrading and harming our genetics, damaging our DNA/RNA system, utterly interfering with our forward evolution.
• The Chemtrail program is consistent with the agenda of genocide and drastic population reduction [typically by 90%] for our near future, devised by the Illuminati for the global control of Earth, disguised under the false pretenses of World Order.
• The sylphs often interact with our thoughts and feelings and express the negative thoughts and emotions of humanity in the form of hurricanes, tornadoes, cyclones, or severe weather patterns.
• Humanity needs to understand that the cataclysmic events are often direct results of humanity’s intense emotions.
• For example, hurricanes are useful, clearing phenomenon that are meant to cleanse or correct Earth’s energetics.
• The same is true for volcanoes, earthquakes, etc.
• The hurricanes are preordained to stay on the large bodies of water such as oceans and large seas.
They are not destined to reach shorelines at all.

However, they contain tremendous energies that need to be cleared.

When humans are plagued by fear, for example, for hurricanes devastating their homes and businesses near the coastlines, and embark in intense negative energies of fear for survival, anxieties, and such, these actions actually have tremendously bad consequences on their realities.

To begin with, we are all Creators and determine our realities.

As we are consumed by fear and severe negative emotional energies, according to the Law of Attraction, these intense negative energies actually attract the similar energies of the hurricanes and drive them to the coast lines.

In particular, the commotions of gossip, and fearful and negative publicities of our local and national news casts exasperate the situation by adding to the negative intensities of the fearful drive, thus ensuring to bring catastrophe to our reality.

This is, of course, the very typical function of our TV broadcast systems to incite fear and anxiety in public.

It adds to the concern for “survivability.”

It creates the ideal condition of Dark energetic atmosphere for our Dark Cabal and their alien cohorts and masters to embark on a frenzy of feeding under such opportune circumstances.

Fear is what separates us from our divinity.

By constantly providing the appropriate measures for the vitality and longevity of fear to exist and thrive, the Cabal has always strived to provide such ultimate environments to maintain control of the ‘public.’

Suppression through establishment of fear is the oldest trick in the book by which oppressors have always managed to subjugate, plunder, self-indulge, and ‘take’ their fill.

Nothing has changed NOW, except may be for the fact that throughout experiences of mankind under bondage in purposeful duality, due to modest raise in mankind’s consciousness, perhaps his/her tolerance for outright
tyranny, cruelty, and open exhibition of narcissistic supremacy has diminished.

- This had forced our dictators to seek mutated deceit and trickery beyond open slavery or racism, by resorting to disinformation, misinformation, make-beliefs, and false propaganda.
- And, during the past few decades, superior technology has provided the means for them to adopt subliminal messaging, mind control, and more recently, the use of low frequency HARRP weaponry.
- Are you surprised that the headline news often does not provide you with any useful information, or that the events portrayed are all regarding negative incidents concerning mankind’s sojourns, always inciting fear and anxiety and reinforcing one’s conditioning of need for survivability?
- Be advised, or rest assured that ALL prominent TV NEWS stations are the properties of the Dark Cabal.
- They own them ALL, they censor news to suit their agendas only, and, there is a very well-established and communicated silent code among the reporters that “Shape up [be silent or cooperate] or ship out.”
- There is NO hope for advancement for those who openly defy this simple directive.

Fairies

- Fairies are also sylphs because they serve in the air.
- Some of them live in the Land of Faerie, but many of them also live in the lower vibrations of the Astral Plane.
- It is there that they learn about Beings called ‘Changers.’
- A ‘changer’ is one who assists the seasons in changing.
- They assist the old leaves to fall from the tree in the fall and the new buds to open in the spring.
- You may find them in a nice garden.
- The light and the colors in Faerie are so bright that it is like coming out of a dark cave and into a bright field.
• Much of Faerie looks like the physical plane, but there are also plants, beings, and humanoids there that do not exist on the third dimension.
• Our fairy tales and fantasy novels give a true representation of life in Faerie.

**The Water Elementals**
• Water has been associated with emotions just as air has been associated with thoughts.
• Our Water Elementals, the Undines, rule our bodily fluid, blood, and the circulation of our blood, which is the domain of our heart.
• If our heart does not function, we die.
• Hence, if our heart is not functioning well we experience the emotion of fear, Fear of Death.
• Conversely, the emotion of love is also associated with our heart.
• This is likely because our heart is also the Home of our Soul/SELF from whence Unconditional Love can be felt.
• Since all emotions are some octave of the 3D polarization of “good/loving” emotions and “bad/fearful” emotions, our Heart, and hence the Water Elements, serve as the distributors of our emotions.
• Our emotions are the basis of our consciousness for they represent our ability to feel and be aware of, our Self.
• When we were first born, our ‘Self’ was our Soul/Self.
• Then, as a process of “growing up,” we became more and more aware of our physical body and our ego who ruled it.
• Eventually, our ‘Self’ became our ego/self.
• Fortunately, as we expanded our consciousness, we could FEEL, be aware of our inner Guides, Holy Spirit, Angels, and other members of our inner world.
• Eventually, as we continued on our Path, we began to be ‘conscious’ of our own Higher Self, whom we have downloaded and are now integrating into our physical Earth vessel.
• Our cerebral spinal fluid is also a water element, and hence, under the domain of our Water Elementals, the Undines.
• Cerebral Spinal Fluid flows between our brain and our skull, through the ventricles of our brain, and up and down our spine between the nerves and the spinal cord to cushion our nerves and facilitate our primary neural synapses.

**The Undines**

• The Undines are the water elementals.
• Undines can be seen with our physic vision as wispy creatures in water, as waves, currents, or sparkles of light on the water.
• Mermaids and Mermen are also Undines.
• The water element, which is a large part of our physical body, is related to the emotional body.
• Negative emotions can damage our health, whereas the emotion of love is a powerful healing force.
• Our planet is also largely covered with water.
• Water is a great cleansing agent and one of the many factors for the success of our harvest.
• Without clear water, life as we know it could not continue on our planet.
• The Undines usually live by moving clear streams.
• The sylphs often serve with the undines to create rain.
• This way, gardens and forests can flourish.
• The undine’s essence rules the water element in our third dimensional bodies as well.
• Just as thoughts are like air, emotions are like water.
• There is much water on our third dimensional Earth, as there is in the Astral Plane.
• Therefore, there is also much emotion in the Astral Plane.
• There, the denser emotions, such as fear, anger, and sorrow, sink into the Lower Astral Plane.
• This allows a boundary between the pain of darkness and the purity of light.
• In our world, on the other hand, the pain and purity are intermingled and often difficult to identify.
• The undines can assist us in differentiating our emotions if we ask for their help.
• They work directly with the Physical Body to create uncomfortable feelings for pain and darkness and glorious feelings for light and love.

**The Fire Elementals**
• It is through our Elementals that we impact the planet, the weather, and all the people, plants and animals that we contact.
• For example, our thoughts are the end result of the neural activity that our inner Fire Elementals, the Salamanders, initiated and completed.
• Since our inner Fire Elementals work in concert with all the Fire Elementals of the planet, our ‘individual’ thoughts become ‘planetary’ thoughts via the unity in which all the Elementals live.
• Therefore, our thoughts influence all the Fire Elements of the planet and all Earth creatures.
• Hence, when our thoughts are clear and kind, our inner Elementals attract other Elementals who are also clear and kind.
• When we choose positive thinking, we influence our Fire Elementals in a positive manner, which, in turn, positively influence the Fire Elementals of others and of the planet.
• The photons of the sun, which unify with Earth’s Fire Elementals, can more easily integrate into the planet by our passage, and the thoughts of others will be calmed as our inner Elementals share a serene blessing with their inner Elementals.
• On the other hand, if our inner thoughts are sad, angry or fearful, we dispense our own angst and discomfort throughout our environment.
• We then magnetize others who are suffering, or create a “bad feeling” in others.
• Plants won’t grow for us, animals will run away or attack, and we will contribute to Earth’s weather in a destructive manner.
• Earth’s weather is a response to Gaia’s occupants, as SHE is the sum/total of ALL the planet’s creatures.
The Salamanders

- The Salamanders are the fire elementals.
- The least is known about these elementals, but we can use our psychic vision to see them dancing in the flames of a fire.
- The Salamanders’ contribution to humanity is that they are the expression of the Sacred Fire of our Three-Fold Flame of Life.
- One of their constructive activities is the purification of disharmony within the ALL THAT IS of Nature.
- On a physical level, fire can warm a house or burn it down.
- Fire is pure energy and it is the intention of the user that determines the activity of this elemental.
- You can thank the salamanders for a sunny day.
- They rule the fire element.
- Without the fire elementals, we would not receive the photons from the sun, have fire to warm our homes and cook our meals, and our bodies would not have neuron synapses.
- The earth, water, and air elements deeply appreciate the salamander fire elementals as they carry Spirit to the world, into our very essence.

The Devic Kingdom

- The Devic Kingdom is ruled from the Mental Plane to infuse Divine Ideals into all physical manifestations.
- The Devic Kingdom encompasses all the ‘holders of form’ from the highest vibrational Elohim to the lowest vibrational elementals.
- The Devic Kingdom works from the Mental Plane to translate thought-forms into physical forms by transforming mental patterns into etheric patterns and then into physical patterns.
- All beings in the Nature Kingdom are a part of the Devic Kingdom.
- Each being in the Devic Kingdom is a specialist in creating a specific form, whether it is an electron, a biological cell, a flower, a tree, a valley, a river, a planet, a solar system, or inter-stellar space.
Elementals are the ‘building blocks’ of form and represent the four elements of earth, air, fire, and water.

Devas gather many elementals together to create a form made of more than one element.

Like angels, Elemental Beings begin their evolution small in size, and increase their size as they evolve.

Humans, on the other hand, maintain the same size as they evolve, although their Auras get larger.

The elementals serving on planet Earth have all sworn to portray humanity’s thoughts and feelings.

They are under obligation to ‘materialize’ whatever they pick up from the thoughts and feelings of mankind.

This relationship was intended to facilitate the re-manifestation of “heaven on earth,” but as humanity’s thoughts and feelings fell into general imperfection, these elemental beings were obligated, against their preference, to out-picture mass imperfection.

This projection of humanity’s thoughts and feelings often results in “natural disasters,” such as tornados, hurricanes, volcanoes, earthquakes, and the polluted oceans and atmosphere.

In fact, there are elemental beings working around the clock in our atmosphere to purify the environment of the accumulation of distorted energies resulting from all the negative thoughts and feelings of mankind.

For each human Soul who chooses to take the evolutionary route of physical incarnations, there are Elemental Beings which “volunteer” to make that journey with him or her.

Elementals serve to create and maintain a physical body for us for as many lifetimes as it takes to complete our ascension and graduate from the ‘Duality University of Earth.’

These individual body elementals are overseen by the collective consciousness of our Body Deva.

If we can establish a good rapport with our body elementals and our Body Deva, we can maintain a healthy and vital body.
DEVAS

- Devas are divine beings who oversee every constructive activity or structure upon the planet.
- This includes such things as great cathedrals, majestic mountains, lakes, woodlands, and human bodies.
- Devas act as the group consciousness of the different elementals that hold form.
- For example, our Body Deva is the group consciousness of the elementals of earth, air, fire and water that join together to form our physical bodies.
- There are many types of devas, both subhuman and superhuman.
- There are also many different hierarchies of devas that are distinctly different from the Human Kingdom’s hierarchy, although they work in perfect harmony with each other.
- Each group of devas has specific work and methods of development whereby they attain their goals and evolution.

Water Deva

- A water deva can assist us in the final clearing of our emotions so that we may step into the Mental Plane.
- The Mental Plane has much less form.
- The devas have a group consciousness.
- Their consciousness is in unity with all the other devas as well as all the elementals who serve to create form for thought.
- In their world, form and thought are one.
- When they think about something it immediately takes a form, but when it leaves their thoughts, it loses all form. That is the way of the Mental Plane.
- In their world, thought is pure potential.
- It is their responsibility to receive Divine Will, which is each and every thought of the Source, from the planes above and create a matrix for it here on the Mental Plane.
- Then they send that matrix to the Astral Plane to be filled with emotion, energy in motion.
The Divine Will is then passed into the Etheric Plane where the elementals feed the infant Idea with their etheric substance.

At this point, the etheric body of a human who resonates to that idea will be able to carry it over into the third dimension.

Our etheric body holds all the knowledge, pain and experience of all of our third dimensional lives.

The Divine Ideas that will attract our etheric body are probably Ideas that we have worked on in many lives.

Once the etheric body magnetizes a Divine Idea, it can more easily be passed into the consciousness of our Physical Body.

What joy and jubilation the elemental feel when the seed of the One blooms upon the Physical Plane!

Some of the humans are able to visit them in the Mental Plane so that they may become aware of their Divine Idea.

This awareness is obtained by merging with our own mental body.

In our mental body is stored all the thoughts and beliefs of all of our third and fourth dimensional lives.

Therefore, it is easier to absorb our personal Divine Ideas because we have believed in and thought about it for many, many incarnations.

These thoughts and beliefs leave a residue within our mental body which acts like a magnet to attract concepts of that frequency and matrix.

If we allow ourselves to feel frustration that we are not “doing it right” we will lower our vibration and terminate our visit.

In a devic meeting, the inspirational thoughts of humanity are gathered up, matched with the Divine Ideas of the Source, and sent back to the Earth plane.

Just close your eyes and allow your particular Divine Ideas to grow in wisdom and illumination and you shall find yourself there...

**Elohim**

Elohim are the rulers of the Elemental and Devic kingdom.
• Just as humans evolve into Ascended Masters, and angels evolve into Archangels, elementals will eventually evolve into devas and then to Elohim.
• Elohim have a male and a female aspect, and are the creator Gods and Goddess who are the highest evolution of the Devic Kingdom.
• The term “Elohim” means “all that God is.”
• Elohim were referred to in the Old Testament over two thousand five hundred times as the “name of God.”
• In the Kabbalah, the Jewish book of mysticism, Elohim are referred to as the Divine Mother.
• The term Yod Jay Vod Jay, or Jehovah, refers to the Divine Father.
• Rudolph Steiner, the great German mystic, calls the Elohim the “spirits of form.”
• The Keys of Enoch refers to the Elohim as those beings who created the world by the will of YHWH (YHWH being the Jewish name for the Godhead).
• The Elohim and Archangels might be thought of as the left and right hands of God.
• The term Elohim is plural as it refers to many gods.
• Each of the Elohim is associated with one of the Seven Rays, and therefore contributes the characteristics or qualities of their individual ray to all of creation.
• The Elohim work together with their Divine Complements to carry out their Cosmic Service

**Elohim’s Association with the Seven Rays**

**FIRST RAY**
• ELOHIM: Hercules and Amazon
• CONTRIBUTION: Decision and carrying out Divine will into manifestation

**SECOND RAY**
• ELOHIM: Cassiopeia and Minerva
• CONTRIBUTION: Perception of the Plan and the Wisdom to Analyze the Methods of Operation
THIRD RAY
- ELOHIM: Orion and Angelica
- CONTRIBUTION: Use of the Cohesive Action of Divine Love in the Activities of Building

FOURTH RAY
- ELOHIM: Claire and Astrea
- CONTRIBUTION: Maintaining of Purity and Holding the Immaculate Concept in all Creations

FIFTH RAY
- ELOHIM: Vista and Crystal
- CONTRIBUTION: Consecration of all Energy to Divine Purpose

SIXTH RAY
- ELOHIM: Tranquility and Pacifica
- CONTRIBUTION: Ministering to the Needs of the Moment and Holding Peace

SEVENTH RAY
- ELOHIM: Arcturus and Diana
- CONTRIBUTION: Rhythm of Invocation of the Sacred Fire of Transmutation

*Adopted from Arcturian Messages Channeled through Suzanne Lie*

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